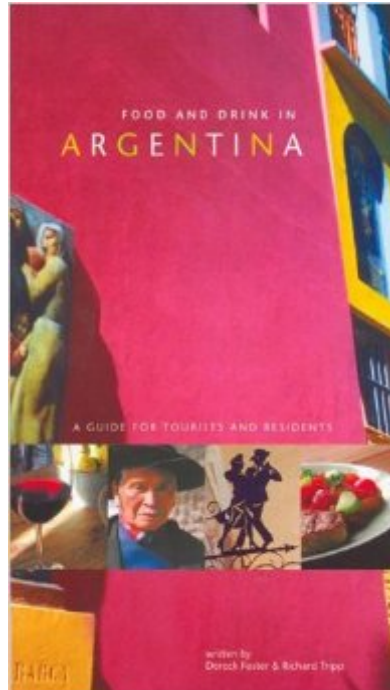


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# Food And Drink In Argentina: A Guide For Tourists And Residents



## Synopsis

Travelers who feel at ease traveling in Spain or Mexico very quickly realize that the food terms useful there are not the same in Argentina. Waves of European immigration has expanded the cuisine from its Incan, GuaranÃ- and Spanish influences. And then there are those fabulous wines! This pocket-sized full-color guide gives the culinary history, food terms and recipes of the regions. In addition, you'll discover the best restaurants in which to eat, great bars to explore, and the best vineyards to sample fabulous wine. Food and Drink in Argentina includes: • Dictionary of food terms • How to pick a great restaurant within your budget • A guide to the fabulous Argentinian wine vintages • Information on exploring Argentina's wine country • Cultural and etiquette guide • Advice for those on special diets • Tips for those traveling with children • Useful section on shopping for food • Regional recipes to try • Pocket-sized so it goes with you! • Lavishly illustrated with full color pictures

## Book Information

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## Customer Reviews

Many people see France, Italy and Asia as culinary meccas of the world. But there is a wonderful cuisine waiting to be discovered. The food of Argentina! As a food writer, I see a multitude of cookbooks and guides to cuisines all the time. But one of the areas that is lacking, is Argentina. With an Argentine mother, and having had the wonderful opportunity to have lived in Argentina, I can declare that this book is excellent and an invaluable resource of food and drink in Argentina. Not only does this guide explain food terms and etiquette, but also which restaurants are good (even for special diets) as well as information on Argentina's wines. There are some fantastic photos included

too! What I found to be wonderful were the recipes included for traditional Argentina fare, as well as guides to meat cuts and labeling in Argentina, the United States, England as well as France! If you are going to eat in Argentina, you will need this book.

Expertly researched and co-authored by Dereck Foster & Richard Tripp, *Food And Drink In Argentina: A Guide For Tourists And Residents* is an informed and informative introduction and "user friendly" reference for dining-out while traveling or working in the beautiful South American nation of Argentina. Included is an A to Z translation for beverage and food terms, advice on where to eat and what to drink, information on exploring the great wine country in Argentina, tips on shopping for food, advice for special diets and those traveling with children, and a wealth of regional recipes and culinary dishes. A "slips easily into your pocket or purse" guidebook, *Food And Drink In Argentina* is to be given high praise and a very strongly recommended for planning an Argentina itinerary.

This colorfully illustrated book provides mouthwatering details of Argentine cuisine, going well beyond the basics of beef, mate and Malbec. One of my favorite ways to immerse myself in another culture is to eat and drink as the locals do. It's easy with this comprehensive guide. Use its A-Z Guide to translate restaurant menus. The book is well organized, easy to navigate and conveniently sized for travel; it fits into your purse or pocket.

I traveled in Argentina for 6 weeks with friends on a medium budget (spent 75\$ US/day for 2 people). Even at that rate, we ate very well. This book provided all the nuanced terms that our Moon, Brant and Lonely Planet guide could never provide. I pretty much carried it at all times and probably used it once a day. Traveling around the country constantly turned up new things to taste and this book only let us down once or twice without a definition. Highly recommended. By the way, my friends are ultra-foodies. Here is another recommendation. Leave your Spanish dictionary at home and buy this one in Argentina or through [Diccionario Oceano practico espanol-ingles \(Diccionarios\) \(Spanish Edition\)](#). [Diccionario Oceano practico espanol-ingles \(Diccionarios\) \(Spanish Edition\)](#) The one listed in [says](#) it is leather bound, the one I bought in Argentina has a vinyl cover which I think would be better for traveling with. They are about the same price although the leather one in Argentina was more than this one. It is a paperback that is almost too big for a pocket but did fit in mine, This is by far better than any Spanish/English dictionary I have ever seen. I carried it around everyday. It has great sidebar idiom sections for multiple forms and usages for

word with examples! . My friend who researched all of the Spanish dictionaries at Powell's, threw his dictionary away and bought one of these after I got mine. Can't go wrong with this. By the way the Moon Guide was the most current and useful guide we carried.

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